

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	Tips
Runner Beans																	Use canes for plant support. The expanding Willow Trellis is both practical and decorative
Broccoli																	Protect from birds and insects using netting and a bug killer such as Plant Rescue
Cabbages																	Prepare the soil with a lime fertiliser to lower PH levels and increase growth
Carrots																	Great to grow in pots and tubs as well as borders and raised beds. Protect with an insect mesh
Kale																	Ideal grown in pots and tubs close to the kitchen. Has a number of culinary uses
Leeks																	Protect from Leek Moth using an insect mesh
Lettuce																	Mix varieties for an assortment of different coloured leaves and tastes
Courgettes/Marrow/Squash																	Easy to grow for beginners. Keep plants well watered and supported
Parsnips																	Be sure to plant in early March for a delicious crop at Christmas
Peas																	Tall growing varieties will need supporting with Pea Sticks
Peppers and Chillies																	Grow in a warm environment such as a greenhouse, coldframe or growhouse. Chillies can be grown outside or on a windowsill
Radish																	Great for getting children interested in gardening - sowing to plate in just 12 weeks!
Sweetcorn																	Make sure plants are at least 14 inches apart to avoid overcrowding
Tomatoes (indoor)																	Grow in a greenhouse, use a tomato cage for support and feed with a high potash liquid feed such as Tomorite
Tomatoes (outdoor)																	Tumbling varieties are great to grow in hanging baskets. Use supports for tall growing varieties
Potatoes																	Choose from over 30 varieties. Use an organic veg compost to provide essential nutrients
Rhubarb																	Plant crown and forget! Easy to grow; use a rhubarb forcer for tender, sweet stems
Onions																	Grow spring onions from seeds and larger onions from sets
Garlic																	Select from a range of varieties - each with different tastes and strengths
Rocket																	Easy to grow for 'cut and come again' salad leaves

Key

Sow under cloche, cold frame or in a heated greenhouse.

Sow direct outdoors

Plant out from under glass or plant plugs

Harvest period